

Kursplan

Uhrzeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
08:00		Rehasport			
08:15					
08:30					
08:45		Rehasport			
09:00					
09:15					
09:30		Rehasport			
09:45				Rehasport	
10:00					
10:15	Rehasport COPD	Rehasport			
10:30				Rehasport	
10:45					
11:00	Rehasport COPD	Rehasport			
11:15				Rehasport	
11:30					
11:45					
12:00				Rehasport	
12:15					
12:30					
12:45					
16:00					Rehasport
16:15		Rehasport			
16:30					
16:45					Rehasport
17:00	Rückenschule	Rehasport		Rehasport	
17:15			Rehasport		
17:30					Rehasport
17:45		Rehasport			
18:00			Rehasport		
18:15					Rehasport
18:30		Rehasport			
18:45			Rehasport		
19:00	Yoga				Pilates
19:15		Rehasport			
19:30					
19:45					
20:00					